

# Development Effectiveness Indonesia Athletics Association Board "This Study was Motivated by Concerns Low Level of Activity of Coaching The All Indonesian Athletics Association Board In The City of Palembang

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## **Abstract**

*Mursidi 2014 Development Effectiveness Indonesian Athletics Association Board This study was motivated by concerns low level of activity of coaching the All Indonesian Athletics Association Board in the city of Palembang. athletic unity throughout Indonesia administrators often lack the discipline to hold spaciousness or clinic visits . Therefore, should the board should monitor any activity and exercise performed by athletes. The purpose of this study is to determine the extent of liveliness coaching Athletics Association of All Indonesian officials in the athlete's athletic performance enhancement Palembang. This study used qualitative methods. Data collected by the results of the questionnaire respondents, the coaches and administrators athletic unity throughout Indonesia Palembang. The collected data were analyzed descriptively to obtain a global picture of the performance of the organization through the implementation of assessors Board functions in an organization Athletics Association of All Indonesian city of Palembang. Based on the research that has been conducted by researchers. Can be viewed from two sides, namely the liveliness liveliness coaches and administrators athletic unity throughout Indonesia Palembang, it can be concluded that the activity of the Board of coaching in the All Indonesian Athletics Association Athletes Athletic Performance Enhancement Palembang is high. As seen from the scores liveliness coaches and administrators Palembang athletic unity throughout Indonesia score of 35 results found .*

**Keywords :** *effectiveness, Performance*

## **1 INTRODUCTION**

Illustration Indonesian Athletics Association All of Indonesia's achievements in the field of sports though still not very good , except in the sports of badminton, the Indonesian people's attention to the development of the sport seems to be pretty good , evidenced by the many organizations or unions sport one of which is the Indonesian Athletics Association like

a organization , the All Indonesian Athletics Association also has a management structure . All Indonesian Athletics Association was founded in 1950 . Since then the Indonesian Athletics Association seeks to provide the best for the nation despite limping along. The low level of activity of coaching the All Indonesian Athletics Association Board in improving the athlete's performance in terms of Palembang athletic trainer and liveliness liveliness pengurus. Dari background has been outlined before the problem can be formulated as follows : How to increase the liveliness coaching Indonesian Athletics Association Board in an increase in achievement Palembang athlete ? For liveliness coaching determine the extent of the All Indonesian Athletics Association Board in athletic performance enhancement of athletes Palembang. Manfaat City this study can be categorized as mamfaat theoretical and practical benefits . Theoretically this research for the development of the science of coaching and more specifically related to the application of theories in improving athletic performance of Palembang. Coaching is a process , method , act of nurture , renewal , improvement , effort , actions , and activities carried out in an efficient and effective way to obtain better results According Wiranto ( 1999 ) , coaching is an attempt to increase the capacity of communities and providing opportunities widest possible for community sport . an organization refers to the general condition of the ability of an organization that seems to run entirely in accordance with the vision and mission . Salusu (2000 : 291 ) says that the concept of organizational capability is used to refer to the internal state consisting of two strategic factors , namely the strengths and weaknesses of the organization According to some opinion terms grammatically correct or achievement is defined as follows :

1. According to Indonesian Dictionary ( 1996:186 ) achievement is hasil has been achieved ( done , done , and so on ) ” .
2. According to Nasrun found Harahap is an assessment of achievement education about the development and progress of students with respect with mastery learning material presented to students Mas'ud .
3. According to Khasan Abdul Qohar achievement is what can created the work , pleasing results obtained by way of tenacity kerja. Defenisi Athletes are athletes who follow the race of the game.

## 2 RESEARCH METHODOLOGY

This study was an exploratory study using survey by questionnaire technique . In this study the variables that are carefully Development Board Effectiveness Indonesian Athletics Association ( PASI ) Palembang came under the scope of the KONI This study used a questionnaire instrument which is based on the functions of the Board Athletics Association of All Indonesian city of Palembang and qualified coaches . Data were collected by means of questionnaires to provide administrators , coaches that have been defined as a subject researchers collected data in the form of qualitative data from the questionnaire respondents, namely coaches and administrators PASI Palembang . The collected data were analyzed descriptively to obtain a global picture of the performance of the organization through the implementation of assessors Board functions in an organization Athletics Association of All Indonesian city of Palembang data that has been collected is analyzed qualitatively by decomposing the data into a form that is composed sentence description in detail and systematically making it easier to give meaning to the data.

### 3 RESULT AND DISCUSSION

Retrieval of research data obtained through the questionnaire technique and coach pengeurus environment Palembang PASI Board consisting of ten men and ten people board a coach which contains questions about the unity of activeness in coaching athletics administrators across Indonesia in improving athletic performance athletic Palembang which ditinjau dari liveliness board as many as 16 points and the question in terms of liveliness coaches as much as 16 grains of questions , so the number of questions is 32 points Based on data from the coach PASI 10 response Palembang above , the obtained average yield response is as follows :

1. Coach replied alternatif ( a ) up to 2 people ( 20 % ).
2. The coach replied alternatif ( b ) as many as three people ( 30 % ).
3. The coach replied alternatif ( c ) by 2 people ( 20 % ).
4. The coach replied alternatif ( d ) of 2 ( 20 % ).
5. The coach replied alternatif ( e ) by 1 person ( 10 % ).

Then the average score of liveliness coach Indonesian Athletics Association in improving athletic performance athletic Palembang is 35 . The score if dikonfirmasikan with valuation norms lies in the range of values 31-40 . Range on valuation norms are grouped in the high category . Thus the activity of Indonesian Athletics Association coaches in improving athletic performance athletic Palembang is high.

### 4 CONCLUSION

Based on the research that has been conducted by researchers of the activity of the Board of coaching in the All Indonesian Athletics Association Athletes Athletic Performance Enhancement Palembang is viewed from two sides, namely the liveliness coaches and administrators PASI Palembang , it can be concluded that the activity of coaching the All Indonesian Athletics Association Board Improved Performance in Athletes Athletic Palembang is high , especially in terms of liveliness pelatih. Dari description above conclusions can be suggested to :Coach , can maintain the liveliness that has been carried out and if possible to further increase its activity so that the athlete's performance can be increased again . Board , in order to increase its activity in the organization , especially its activity in this field as a motivation for athletes to improve performance . And keep in mind that the organization is a sporting organization that is maintained clearly visible organization forward - pullback can be seen from the performance of the athletes.

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