

# Learning Management Analysis Of Physical Education And Health In Sports Junior Palembang State 25 Year 2013/2014

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## **Abstract**

*The primary objective of this study was to describe the teaching and learning in sport management SMP Negeri 25 Palembang. The purpose of this study was to determine how far the implementation of learning management conducted by teachers of SMP Negeri 25 Palembang. Penjasorkes centered on the main issues, namely : 1) lesson planning, 2) the implementation of learning in class/field, 3) evaluation, and 4) the implementation of the follow-up of sporting results evaluasi. This learning study is a qualitative descriptive method. Locations in this study were taken at Junior High School 25 Palembang. The subject of this research is the principal, vice-student, gym teacher, and student. Data collection techniques used were interviews, observation, and documentation. The results showed that learning to teach sports management in SMP Negeri 25 Palembang was made based on the school curriculum.*

**Keywords :** *Motivation, Work Discipline, and labor productivity*

## **1 INTRODUCTION**

National education serves to develop skills and form the character and the dignity civilization in order mecerdaskan life of the nation , aimed at developing the potential participants in order to become human ddidik faithful and devoted to God Almighty . Berakhalak precious , healthy , knowledgeable, skilled , creative , independent , and be wrga democratic , and responsible ( No.20.2003 Law article 3). According to the national education department of elementary and secondary education directorate directorate junior secondary education ( 2004:1 ) says one of the big problems in the field of education in Indonesia are being discussed are : ( 1 ) low quality of education is reflected in the low average student achievement , ( 2 ) that the approach in the learning process is still too dominated by the role of the teacher ( teacher centered ) , more teachers put their students as objects rather than as subjects students learn , ( 3 ) lack of teachers provides the opportunity for her students to be able to develop the ability to think holistically ( whole ) , creative , objective , and logical , ( 4 ) in general, our school system has not implemented until the child is learning to master the learning material completely . Based on observations in SMP N 25 Palembang , in line

with the government's program in the school year 2006/2007 SMP N 25 2006 Palembang has imposed curriculum or better known as the Education Unit Level Curriculum ( SBC ) . SBC is : " operational curriculum developed and implemented by the education unit , which consists of unit -level educational goals of education , curriculum structure and unit levels of education , the education calendar and syllabus . " It was stated by the National Education Standards Agency ( BSNP ) (2006 : 1755) .

Some educational problems that exist in SMP N 25 Palembang not far berdeda with educational problems experienced nationally , including the subjects of sports and physical education health , low quality of education , especially physical education subject sports and health SMP N 25 Palembang is characterized by low average The average student learning outcomes SMP N 25 Palembang . So is the sporting achievements of students of SMP Negeri 25 Palembang still a concern evidenced by the achievements obtained during the last five years . The best achievement was obtained in 2010 by getting bronze . It is understandable that the roles and responsibilities of a teacher is not easy, then we can see if the field together a lot of elements including school sports and physical education teachers do not have health preparedness for managing learning in the classroom , for it with a variety of the problems to look for a way out so that produce appropriate learning goals expected , the writer tries to describe and discuss some of the problems faced by sports and physical education teacher at SMP N 25 health Palembang , while its components include : preparation or lesson planning , implementation of learning , evaluation of learning implementation , and follow up results evaluations . To the authors take the title of " Analysis of a Learning Management Physical Education Sport and Health in SMP N 25 Palembang . " With some problems , namely , 1 ) Planning learning , 2 ) Implementation of the learning in the classroom / field , 3 ) Implementation of the evaluation , 4 ) Implementation follow-up results of the evaluation with the aim to obtain a firsthand about the Learning Management Analysis of Physical Education Sport and Health conducted by sports and physical education teacher at SMP N 25 health Palembang.

## 2 RESEARCH METHODOLOGY

Research Approach , Moleong ( 2004:4 ) that " qualitative research that has the characteristics : rooted in the natural background , relying on humans as tools ( instruments ) research , using qualitative methods , inductive data analysis , theory of basic , descriptive nature , more concerned with the process rather than the result , the existence of the limit prescribed by the focus , the presence of specific criteria or validity of the data , the design of which is temporary , and the results of the study negotiated and agreed. Place and Time study , research was conducted at SMP Negeri 25 Palembang sample principals , representatives of student , teacher and student Penjasorkes . And when this research was conducted in the second semester of academic year 2012/2013 , precisely in December 2013. Sources of data in this study both primary data and secondary data are : 1 ) physical education teachers and sports health 3 people , 2 ) the principal by 1 person , 3 ) Wakasek 1 , and 4 ) the students consisting of 27 children from each grade class VII class VIII 1s/d7 1s/d9 , class VIII examination techniques As the validity of the data , this study uses triangulation techniques to exploit the data user is done by comparing and checking the degree of confidence behind a Penjasorkes information from teachers , principals , student representatives , and students . Moleong ( 2000:178 ) says " triangulation is a technique that checks the validity of the data

as a comparison to the data.” Data collection techniques , According to Lofland and loflasd ( in siswanto 2008 ) . Data collection techniques in this study consists of three kinds , namely 1 ) interview , 2 ) observation , 3 ) documentation . Is used as the primary data collection tool data in the form of observations and interviews , while the data supporting documentation used as secondary.

### 3 RESULT AND DISCUSSION

All data were obtained in the field according to Miles and Huberman ( 1984:18 ) . Further reduced . Data reduction is a form of analysis that menajamkana , classify , direct , and cut or discard unnecessary , then to organize the data that can then be drawn a final conclusion and verified . Based on the results of data reduction and focus of the research mentioned in chapter I , the exposure data can be grouped into four parts:

1. lesson planning,
2. the implementation of learning in the classroom / field,
3. pelaksanaan evaluation,
4. follow up the implementation of the evaluation results .

In the management of the manajemen pembelajaran or teacher should be able to carry out learning the four stages of learning activities that correspond with the main task to be done by a teacher , namely:

1. Create a learning plan,
2. Implementing learning,
3. Carry out the evaluation,
4. Conduct a follow results evaluations .

Sya described below for a discussion of a learning management of physical education and health exercise conducted by physical education teachers and sports kesehatan SMP Negeri 25 Palembang is as follows : 1 ) . In principle, teacher lesson plans for physical education and sport SMP Negeri 25 Palembang health has run most of its job is to make learning plan though just do copy what made the lai , it shows that sports and physical education teacher of SMP Negeri 25 Palembang health in carrying out those duties namely implement lesson plans by making administration form litas only just learning or abort kewajiban to execute some tasks that must be performed by a teacher . 2 ) . That the implementation of the implementation of learning lessons of physical education and sports health SMP 25 Palembang has been going well , it's just a health and physical education teacher health SMP Negeri 25 Palembang in implementing learning is still much to ignore or sequence of learning steps , for example, so students arrive directly in the field without any prior students told to play and ended with heating and cooling . Besides sports and physical education teacher of SMP Negeri 25 Palembang health is still not properly utilize time , time wasted due terlambat.3 ) . That the implementation of learning evaluation study conducted evaluation oelh sport and physical education teacher kesehatan SMP Negeri 25 Palembang goes according

to what diencanakan . In most sports and physical education teacher kesehatan SMP Negeri 25 Palembang implementing evaluation after each implementing a basic competence then the teacher conducting the evaluation , while the implementation of the evaluation carried out by teachers varied which carry out the evaluation process , there were carried out the evaluation results , but there are also teachers implement both of whom tergantung of basic competencies learned . 4 ) . Implementation of follow up results of the evaluation . There are three programs pembelajaran follow up the results of the evaluation should be done by a teacher are: remedial , enrichment , and acceleration . Exposure data on the implementation of the follow-up of the results of the evaluation study conducted by sports and physical education teacher of SMP Negeri 25 Palembang health showed that : a health and physical education teacher of SMP Negeri 25 Palembang health of almost all programs melaksanakan not follow up the results of the evaluation in the form of remedial programs , enrichment programs , and acceleration programs although there are some teachers who are implementing the program evaluation results tidak lanjut but only implement the remedial program and even then only to the extent not implement remedial teaching remedial test.

#### 4 CONCLUSION

Can be drawn a conclusion that the management of sport and physical education pembelajaran SMP Negeri 25 Palembang health in 2013/2014 runs fine , it's just on lesson planning , lesson implementation , evaluation , and implementation of a follow-up evaluation results need to be improved so as not to give the impression that the teacher education physical exercise and health in performing everyday tasks just a duty or just meet the demands of superiors and ultimately student learning outcomes become less optimal . Suggestions . Based on the research results and the fact that there are in the field , the researcher can provide suggestions as follows :

1. To the principal as manager and in charge of the implementation of school learning activities , if necessary, to require all teachers to create lesson plans should not be typed , but must be written by hand , so it will minimize the possibility of the guru do a copy made by someone else.
2. In order to stimulate the performance of teachers in performing their duties , it is necessary school reward ( reward ) for teachers who have a good performance in learning management.
3. Teachers , including sport and physical education teacher as a spearhead health or front line that determines the success of learning.

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