#### **CHAPTER I**

#### INTRODUCTION

### 1.1 Background of the Study

Literature is a creative work that contains the author's intention for specific purpose. A literary work contains ideas, theory and system of thought (Klarer, 2004, p. 1). All of these aspects come from the authors who have an important role in using creative ideas as outlines in their work.

Literary works written by the author basically displays events. The events contained in literary works are brought to life by characters that play an important role in the story. Through this characters an author created events which reflects different human life because every person has a different personality from others. It is often different personality of human results conflict among them. This conflict then reflected in the story of a literature (Esten, 1968, p. 33).

As human beings a person has two health aspects, namely health that supports the lives of individuals called physical and psychological aspects. Physical aspects related to someone's physicality that can be seen. Meanwhile, the psychological aspect is a difficult thing to observe directly. This psychological aspect is very closely related to the individual itself who is part of a particular of social groups. Mental is an aspect that plays an important role for someone. In certain situations a person may experience a mental disorder. A lot of factors trigger the occurrence of mental disorders in someone, one of them is lack of confidence of someone. Factors trigger for mental disorders can also be due to

social life experienced by someone such as poverty, conflicts that occur between individuals and factors in social life (Elliott, 2016, p.7).

According to Jones (2001, p. 10) mental health is the realization of genuine harmony between psychological functions and the creation of self-reflection between humans and themselves and their environment, based on faith and devotion, and aims to achieve a meaningful and happy world and end of life. Mental health can be influenced by events in life that leave a large impact on a person's behavior. These events can include domestic violence, child abuse, depression, and post-traumatic stress disorder mental illness which can change the way a person to handle stress, relate to others, and make choices. For this reason, mental health must be maintained from childhood, adolescence, to adulthood.

There are some types of mental disorders. First, *Dissociative Disorders* is mental disorder or changes in memory, awareness, and general identity about themselves and the sufferer's environment. Dissociative disorders are usually associated with extraordinary stress caused by traumatic events experienced. Second, Post-*Traumatic Stress Disorders (PTSD)* sufferers have eternal and frightening thoughts and memories from past experiences, sufferers of this disorder tend to be emotionally numb. Third, *Personality disorder* is a disorder of one's personality and makes him have a mindset, feeling, or behavior that is very different from most people. Fourth, *Obsessive compulsive disorder (OCD)* always has a mind or constant obsession with something, so that it encourages him to do the same thing over and over again. One example is people who are afraid of germs or dust that makes them continuously wash their hands or other body parts.

Last but not least, *Bipolar Disorder* is a disorder associated with mood swings from the lowest depressive to the highest mania.

The movie split tells about Kevin a man with 23 different personalities. Two of these personalities have hidden agenda which use the 3 abducted girls to feed The Beast. Kevin has a traumatic childhood that his father left him and his mother, and then his mother treats him badly. As a result of that, Kevin changes into different personalities which are basically as his defense mechanism to face his life problem. Kevin is a DID sufferer. DID is a mental disorder in which the person has two or more personalities (alter) who do not know each other (James, 1890, p. 169). The reason for Kevin suffering from DID is one of the tragic trauma he experienced when he was a child. By getting bad treatment, Kevin became very thirsty of love and attention. The loneliness experienced by Kevin also made "the person" who accompanied him at any time.

To examine the psychological aspects of the main character, the author uses the theory of psychoanalysis. Psychoanalysis was first discovered and developed by Sigmund Freud. The concept developed is about the conscious realm, the preconscious realm, the unconscious world. (Anthony Storr, 1999, p. 112). Psychoanalysis of Sigmund Freud has a structure and mechanism for the defense of the soul. Freud revealed three personality structure models, namely id, ego, and superego. Id is defined as a system of genuine personality that humans carry from birth. Ego is the executive or executor of the personality id. Meanwhile, the superego is the moral and ethical power of the personality that operates using idealistic principles as opposed to the principle of satisfaction id and the realistic

principle of the ego. In this connection, the mechanism of the soul's defense in psychoanalysis is a strategy that individuals use to defend against the impulse expression of the id and oppose the superego pressure. Freud's mechanism of mental defense consists of repression, reaction formation, projection, displacement, suppression, sublimation, compensation, and regression (Calvins, 2000, p. 74)

In this study researcher is very interested in analyzing the "mental disorder of main characters in the movie split. The researcher is also very interested in finding out the psychiatric disorder experienced by the main character in the movie Split, Moreover, the effect of this psychiatric disorder also need to discuss so the reader would knew what happen to the other character in the story and the function for the story plot.

#### 1.2 Problems of the Study

- 1. What are the mental disorder of the major characters and its causes?
- 2. What are the effects of major character's mental disorder toward the plot of story?

# 1.3 Objectives of the Study

- 1. To analyze the causes of mental disorders in the major characters.
- 2. To analyze the effects of mental disorders caused by the major characters.

# 1.4 Limitation of the study

This research would focus only to find the mental disorder of main character in the movie Split. The researcher will also try to analyze the cause of main character's mental disorder as well as its effect to the plot of story. All of the analysis would be discussed in Freud's psychoanalysis theory, especially the personality development.

# 1.5 Significance of the Study

This research is expected to help the reader in understanding about the mental disorder of main character. It is also projected to give knowledge to the reader about Freud's theory which is the personality development.